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Stepz and King have been working together as a production duo for four years on a variety of remix & production projects including Boyz II Men, Warren G, 4 Man Du and Zhané among others. In addition to their collaborative efforts, Stepz has achieved a track record second to none in the field of R&B and Hip Hop including writing and producing for acts such as Black Box, The Nightcrawlers, Quartz and The Good Girls to name but a few. Roger King has brought his



Swing Factors

For each loop in this collection we have given a swing factor. In most cases this represents a value we have used in the loop programming, but for those loops which have a looser rhythm the swing factor represents a setting that we feel allows overdubbed keyboards or further percussion to sit well with the beat. Whilst we appreciate that matters of timing and feel are subjective and not easily quantifiable we hope that the given figures are a useful starting point.

Most of the grooves were sequenced with Emagic Logic® (Mac) but the given swing factors will equally apply to any sequencer (including Opcode Vision® and the Akai MPC60®) which uses 50% to represent no swing and 67% to represent regular triplets. For those using sequencers where 0% represents no swing and 100% represents regular triplets (Mark of the Unicorn's Performer®, for example) the table below gives approximate equivalents.

Steinberg Cubase® is a special case. As of writing no current version of Cubase on any platform supports quantisation swing per se, but the Iterative quantise can be used to achieve the same effect, albeit rather less easily. To obtain these swing factors using Cubase:

- 1: Quantize to straight 16ths
- 2: Set the quantize value to 16th triplets
- 3: Set the Iterative Q strength (in Quantize Parameters ...) to the required value
- 4: and finally Iterative Quantize (W).

Repeat all steps to try alternative swing settings.

This technique may well work with other sequencers that have similar quantising options to Cubase but we have never met one so can't vouch for it. Note that in Emagic Logic, swing factor is to be found in the extended sequence parameters palette. The swing grooves, A Swing; B Swing; C Swing and D Swing correspond to swing percentages of approx' 50 54, 58 and 63. We believe this also applies to Notator SL® on the Atari and its predecessors Notator® and Creator®

Cubase Iterative Q Strength %	Q 16ths	5	11	17	23	30	36	42	48	55	61	64	70	76	83	89	95	Q16T
Logic/Vision Swing %	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67
Performer Swing %	0	5	11	1 <i>7</i>	23	30	36	42	48	55	61	64	70	76	83	89	95	100

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	Title	Tempo	Style	Swing		Title	Tempo	Style	Swing
1	Thumper Dump Pitch Variation FX Thump Variation Pitch Variation FX	97	Hip Hop	59%	6	Small Chequez Small Variation Small Variation FX1 Small Variation FX 2	100	Funk Hop	0%
	Bad Boyz Phased Variation Bad Boyz Variation	90	Нір Нор	0-50%		D-Fondoo Set D-Variation D-Variation FX	110	Jazz Hop	66%
!	Cheeky Monkey Cheeky Variation 1 Cheeky Variation 2	106	Hip Hop	67%	7	Hippo Hippo Variation FX	83	Raw Beat	60%
	Cheeky Variation 3 Cheeky Variation 4					Space Swing Space Variation Space Variation FX	91	Swing Ballad	58%
3	Shifty Grit Shifty Variation 1 Shifty Variation FX	93	Hip Hop	0%	8	Hetrodyne Hetro Variation 1 Hetro Variation 2	86	Electro	0%
	D'Phats Strut Pitch Variation	98	Нір Нор	65%		Samba Samba Variation	99	Latin Swing	53%
	Boom Quack Boom Variation	99	Hip Hop	64%		Transition	103	Hip Hop	55%
	Letz Work Out Letz Variation Letz Variation FX1 Letz Variation FX2	88	Hip Hop	56%	9	MC Dinner MC Variation 1 MC Variation 2	91	Raw Beat	54%
						5 Blox Away 5 Variation 1	104	Raw Beat	53%
5	Sugar Daddy Sugar Daddy Variation	99 1	Jazz Hop	0%		5 Variation 2			
	Damn Damn Variation	115	Live Jazz	58%					
	Home Time Home Variation	106	Live Funk	62%					

Title	Tempo	Style	Swing	Title	Tempo	Style	Swing	Title	Title	Title
10 Low Down Dirty Low Down Variation	104	Raw Beat	58%	14 Sega Sega Variation	97	Hip Hop	58%	61 Stylistics I Live 'ere Bounce	64 Organ Second Base Itching	67 Dong Chik Psyco Wat Guitar
Cattle Grid Cattle Variation FX	111	Rock Hop	57%	Schizophrenia Schizo Variation 1 Schizo Variation 2	87	Hip Hop	67%	Sax Shit Hetrodyne Stone 1	Stab 1 Stab 2 Stab 3	Wor Guidar It's Time 1200 SL The Charm
M16	90	Hip Hop	67%	Pogo Bollix	90	Funk Hop	0%	Stone 2 Bass Thing	Stab 4 Stab 5	Wobblevox
Redemption Variation FX 1 Variation FX 2	90	Нір Нор	63%	Pogo Variation	70	Tonk Hop	076	Scratch Hold On Hold	Stab 6 Stab 7	Squeeze Me Old Ivory New Ivory
				15 Artif FX Artif FX Variation FX	100	Abstract Jazz	64%	62 Still On Hold	65 Stab 8	
11 Leg It Leg Variation	90	Hip Hop	67%	Naughty Naughty Naughty Variation 1	100	Hip Hop	58%	Alarming Vox Pinky Pina Guitar	Stab 9 Stab 10 Scratch Boy	68 Hip Blast That Hat Sir
Borrowed Time	95	Hip Hop	64%	Naughty Variation 2				Echo Hell	Scratch Girl	Rhodesy Aha
Junkie Foe Junkie Variation	92	Funk Hop	65%	16 No Better No Variation 1	81	Ballad	0%	Big Harp Overblow Meow Eek Wow	Happy Horror Mmm Rekord Church Organ	76 77 The Thing
12 Funky Joe Funky Variation FX	92	Funk Hop	65%	No Variation 2 No Variation 3				Loop This	Love Horn	Blam Ovation Goodbye Sax
Word Of Mouth Word Variation	98	Swing Hop	61%	17 Got To Have It Got To Variation	118	Нір Нор	60%	63 CID Metal Scream Wooden Scream Now	66 Run Down Berb Here We Go Oh So Fresh	69 1kHz Tone @ Digital 0
Chilli Skipz Chilli Variation 1 Chilli Variation 2	98	Hip Hop	62%	Don't Hold Back Don't Hold Variation	88	Ballad	0%	In Out Le Crunch	Whirly Perm Yow Treble Bass	
				Voyage Voyage Variation	93	Hip Hop	67%	First Base Vomit	Cholesterol Long Island	
13 The Who Who Variation	83	Hip Hop	67%	, 0				Water	Hi Patrick	
Original Sin Original Variation Original Variation FX1	83	Нір Нор	58%	18 Hard Graff Hard Variation 1 Hard Variation 2	97	Swing Hop	66%			
Original Variation FX2				Oops Oops Variation 1 Oops Variation 2	101	Swing Hop	64%			

Title	Tempo	Style	Swing	Title	Title	Tempo	Style	Swing	Title	Tempo	Style	Swing
45 Office World 2 Office 2 Variation FX Office 2 Pitch Variation		Movie Score FX	0%	55 Drum Fills 1-10 56 Drum Fills 11-20	19 Nasty Gash Nasty Variation 1 Nasty Variation 2	112	Latin Hop	0%	24 Rub Down Rub Variation 1 Rub Variation 2 Rub Variation 3	100	Swing Hop	61%
Utter Bastard Utter Variation News Speak	96 96	Movie Score FX Movie Score FX		57 Drum Fills 21-30	D'Grope D'Variation 1 D'Variation 2	112	Funk Hop	63%	All For Loops All For Variation 1 All For Variation 2	100	Swing Hop	61%
News Variation 46 Office Waltz				58 FX Vox 1 FX Vox 2 Car FX	20 Carnival Pitch Variation FX	120	Latin	0%	25 No Release No Variation	100	Нір Нор	63%
Office Pitch Variation 1 Office Pitch Variation 2	2			Duck FX Power Up Bad Piano	Call Home Call Variation		Swing Hop		Dark Beat Dark Variation FX	102	Нір Нор	64%
Orphan Hoffer		Movie Score FX Movie Score FX		70's Flute Tuning Boss Barry Knight Hill Billy	One Of Many	120	Hip Hop	0%	Radical Radical Variation	88	Нір Нор	62%
47 Kick Drums 1-9				59 Tuning Fork	21 Over There Over Variation 1 Over Variation 2	106	Hip Hop	71%	26 Miles Away Miles Variation	92	Нір Нор	67%
48 Kick Drums 10-18				Static Intro Hip Hip Alarm Ref	Blindness Pitch Variation	95	Нір Нор	62%	Miles Variation Pitch Variation FX Aspiration	96	Hip Hop	62%
49 Snare Drums 1-11				Alarm King Jack & Ipe Hammer House Wave Byebye	22 Back Alley Back Variation FX	95	Нір Нор	63%	Aspiration Variation 1 Aspiration Variation 2	70	пір пор	02 /6
50 Snare Drums 12-22				Pump Spotty	Front Alley Front Variation Front Variation FX	95	Нір Нор	0%	27 Ariston Ariston Pitch Variation Ariston Pitch Variation F.	103	Electro	0%
51 Hi Hats 1-11				60 Bad Boy Da Law		101		500/	Ariston Variation		FI .	4104
52 Hi Hats 12-22				Aliens Behind U Contact	23 Catheter Catheter Variation 1 Catheter Variation FX Catheter Variation 2	101	Нір Нор	59%	Cheese Feast Cheese Pitch Variation Cheese Pitch Variation Cheese Variation		Electro	61%
53 Hi Hats 23-33				Ragtime Shock Horror Dabikaca	Catheter Variation 3				Cheese Variation			
54 Hi Hats 34-43				Let's Talk Crazy Flavour								

Title	Tempo	Style :	Swing	Title	Tempo	Style	Swing	Title	Tempo	Style	Swing	Title	Tempo	Style	Swing
28 Sonic Sonic Pitch Variation 1 Sonic Pitch Variation 2 Sonic Variation	103	Electro	0%	32 Amazon Amazon Variation 1 Amazon Variation 2 Amazon Variation 3	92	Junga Hop	57%	Bongo Surprise Bongo Variation 1 Bongo Variation 2 Bongo Pitch Variation	110	Electro	58%	Pluto Pluto Variation		R&B Electro	
Inside Out Inside Variation 1 Inside Variation 2 Upside Down	115	Garage Garage	67% 67%	Southern Comfort Southern Variation 1 Southern Variation 2 Southern Variation 3	90	Junga Hop	58%	37 Chicken Salad Chicken Variation 1 Chicken Variation 2 Chicken Pitch Variation	106	Electro	62%	41 Erm Erm Variation Erm Pitch Variation Answer Phone Answer Variation	93	R&B Electro Hip Hop	59%
29 Paris Paris Variation	102	Нір Нор	65%	33 Exposure Exposure Variation Exposure Pitch Variation		Hip Hop	58%	Curtains Curtains Variation Curtains Pitch Variation	11 <i>7</i>	Electro	53%	Answer Pitch Variation 42 Shortbread Shortbread Variation	96	Нір Нор	54%
Weird Space Weird Variation 1 Weird Variation 2	110	Movie Score FX	58%	All Change All Variation All Pitch Variation	79	Ballad	0%	38 Douche Bag Douche Variation	94	Hip Hop Swing Hop	62%	Thursday Thursday Variation FX Thursday Pitch Variation 1 Thursday Pitch Variation 2	107	Swing Hop	59%
30 Twilight Zone Twilight Variation 1 Twilight Variation 2		Movie Score FX		34 Flexitime Flexi Variation 1 Flexi Variation 2		Junga Hop		Smart Variation Endless Loop Endless Variation	110	R&B	0%	43 Headbutt Headbutt Variation 1 FX		Нір Нор	58%
Nocturne Nocturne Variation 1 Nocturne Variation 2	92	Movie Score FX	54%	Apology Apology Variation	94 11 <i>7</i>	Hip Hop Swing Hop	57%	Endless Pitch Variation 39 Log	85	Ballad	0%	Headbutt Pitch Variation FX Headbutt Variation Headbutt Variation 2 FX			
31 Double Tifta Double Variation 1 Double Variation 2	120	Movie Score FX	62%	Old Variation 1 Old Variation 2 Old Variation FX	117	Swing Hop	00%	Log Variation 1 Log Variation 2 Log Variation 3 Log Variation FX				Beijing 44 Office World 1 Office Variation FX	101 84	Hip Hop Movie Score FX	0%
Scaffold Scaffold Variation 1 Scaffold Variation 2 Scaffold Variation 3	92	Movie Score FX	54%	Open Mouth Open Variation 1 Open Variation 2 Open Variation FX	97	Rock Hop	0%	Two's Company Two's Variation 1 Two's Variation 2	100	Нір Нор	65%	Office Pitch Variation Bastard Bastard Variation 1	84	Movie Score FX	0%
Scaffold Variation 4				36 Mad Dogbill Mad Variation 1 Mad Variation 2	109	Нір Нор	64%	40 Oranges & Lemons Oranges Variation	112 97	R&B R&B	50% 63%	Bastard Variation 2 Brazil	84	Movie Score FX	0%
				Maa variation 2				Seasoning	9/	K&B	03%				